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May I introduce myself: from 1950-1954 I studied psychology at philosophical faculty University Zagreb, Since 1960 I am examined neurologist and psychiatrist having afterwards academic career. Since 1978 my position used to be full professor of neuropsychiatry at the Medical school, University of Zagreb. and leader of Institute for neuromuscular diseases, Clinical hospital centre Rebro All the time I was pointing to necessity of holistic assessment of patient as personality and treating her/ him also from psychological and social point of view, not only as organic object.. This attitude got even more expressed since I started to deal with palliative medicine and systematic organization of hospice movement in Croatia 1994. During that time I had the opportunity to be informed by prof. Melita Stipančić, about the Neurolinguistic psychotherapy dealing with practical effect in the frame of the "Bereavement service" of Zagreb's "Regional hospice centre" and on courses which were attended by my collaborators.

Neurolinguistic psychotherapy (NLPT) is psychotherapeutic approach starting from every day elements of communication, first of all words, analyzing their emotional concomitants in different situation. The study of the current, partly unpublished research on NLPT and intensive communication with Croatian NLPT therapists I come to the following conclusions:

NLPT has sufficient scientific psychotherapeutic theory on structure and modification of human subjective experience and human behaviour for a four year training curriculum. Its theory uses a more systemic and metacommunicative approach, that is different, from traditional psychoanalytic therapy, but nevertheless sufficient and concise. NLPT has at least the same efficiency as many of the other accredited methods in Austria, (e.g. konzentrative Bewegungstherapie, Rogerian Therapy, Psychodrama etc.)

NLPt has developed sufficient independent psychotherapeutic methodology over many years, that is proven and effective. The efficiency of NLPt is well documented through research; part of it has been done in Croatia 2004-2006. Also NLPt has contributed to the development of the palliative care training in Croatia with last results presented by Melita Stipančić at First palliative care congress at Zagreb 5-7 October 2006.

The accreditation of the Austrian training center for NLP as a psychotherapeutic school with the modality neurolinguistic psychotherapy can be strongly recommended from the palliative care experts also.

Zagreb, 13.11.2006

Melita Stipančić